

## 10 top gyms with amazing views | Skyscanner Australia

Check out these gyms with inspirational views to entice you on to the treadmill for a vigorous holiday workout!

**It's not easy to stay motivated and maintain a fitness regime when on holidays. Enticing temptations are in abundance on any self-respecting holiday. (Yes, cocktails and cakes, I'm looking at you.) While some hotels despatch their gyms to windowless basements, others excel with amazing views and top class equipment. Lace up your joggers and check out [Skyscanner](#) for inspiring gyms.**

### 1. [Coco Bodu Hithi](#), Maldives

Sited in an overwater water bure surrounded by ridiculously blue water that the Maldives are famous for, the gym at Coco Bodu Hithi provides an inspiration setting. The Indian Ocean stretches all the way to the horizon. Furnished with state of the art equipment, there are also two outdoor platforms for practising Pilates or Yoga in a tranquil setting. After a workout stroll along the boardwalk to Coco Spa for a dip in the Jacuzzi or finish off your workout in the sauna or steam room.

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*Photo courtesy of Coco Bodu Hithi*

## **2. [Burj Al Arab](#), United Arab Emirates**

Located 150m above the ocean that surrounds the hotel that is actually an island, the glass-walled gym at Burj al Arab located within the Talisa Spa is unrivalled. With fantastic views over the Arabian gulf, the gym has installed fog-proof glass, allowing guests to view downtown Dubai from both the sauna and steam rooms. The fitness centre is kitted out with the best equipment including a squash court, aerobic facilities advanced cardiovascular and resistance training equipment. The Talise Spa also offers indoor infinity pools, a Jacuzzi and plunge pool.

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*Photo courtesy of Burj Al Arab*

### **3. Khyber Himalayan Resort & Spa, India**

Not inspired by the tropics and its monotonous turquoise waters? How about a dreamy snow-filled landscape? The fabulous views through the floor-to-ceiling glazed windows at Khyber Himalayan Resort & Spa should do the trick. After your workout slip into the heated indoor swimming pool flanked by glazed double-height windows and watch the snowflakes rest gently on the forest floor. Being one of the Small Luxury Hotels of World means you'll be in good hands.

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*Photo courtesy of Khyber Himalayan Resort & Spa*

#### **4. [Frangipani Beach Resort](#), Anguilla**

New in 2015, the gym at Frangipani Beach Resort enjoys dreamy views of the cerulean Caribbean Sea. High tech equipment is placed alongside a wall of glass that maximises the expanse of Caribbean sunshine and sea. Boats sail past, beachgoers wander hand in hand, waiters drift past with trays laden with cocktails. All of which makes a workout more enticing before joining beachgoers for holiday indulgence.

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*Photo courtesy of Frangipani Beach Resort*

## 5. [Four Seasons Hotel London at Park Lane](#), London

A panoramic view of some of London's most iconic landmarks dot the skyline viewed from the Four Seasons gym. Sited on the 10th floor, the parklands of Park Lane dominate the foreground while it's hard to ignore the history of this city while you rack up the kilometres on the treadmill.

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*Photo courtesy of Four Seasons Hotel London*

## 6. [Bucuti & Tara Beach Resort](#), Aruba

With a motto of peace, love and happiness, it's hard to go wrong at Bucuti & Tara Beach Resort at Aruba in the Caribbean. Taking full advantage of their postcard-perfect beachfront location, the gym is glass walled to maximise the view of beach, gardens and azure Caribbean waters while keeping gym goers cool in air-conditioned comfort. Bathed in natural light, gym goers feel like they're getting an outdoor workout while enjoying high-tech facilities and equipment.

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*Photo courtesy of Bucuti & Tara Beach Resort*

## 7. Earth Lodge at [Sabi Sabi Private Game Reserve](#), South Africa

Set on an unfenced private game reserve in the heart of the bushveld, workouts at Earth Lodge come complete with in-your-face wildlife encounters. Befitting the style of the lodge, the gym is intimate and built in traditional style with the exception of floor-to-ceiling glass walls. If the sight of a virile bull elephant eying you off in your lycra doesn't inspire a vigorous treadmill then nothing will!

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*Photo courtesy of Earth Lodge*

## **8. [Hotel ICON](#), Hong Kong**

Celebrating Hong Kong's finest, Hotel ICON is an upscale hotel in the heart of Hong Kong's Tsim Sha Tsui East district. Their fitness centre is no exception with the latest Technogym cardio and weight training equipment. But it's the panoramic view of the city that never sleeps that steals the show.

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*Photo courtesy of ICON Hotel*

## 9. [Sofitel Brisbane](#), Australia

In the heart of Brisbane's CBD, floor-to-ceiling glass encasing the 30th floor provides the kind of city outlook usually reserved for penthouse residents. Views stretch endlessly over Anzac Square, the Brisbane River all the way to sea on one side and the hinterland on the other. You may not want to end Sofitel's signature So FIT experience.

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*Photo courtesy of Sofitel Brisbane*

## 10. [Portavadie Marina](#), Scotland

Scotland is not the first place you'd think of when conjuring up dreamy views from the gym, nor an infinity pool to die for. Stand by though as the all new Leisure and Spa Experience at Portavadie Marina is revealed in mid 2015. On the west coast of Scotland with breathtaking views across Loch Fyne to Argyll and the rugged Isle of Arran, its floor-to-ceiling windows will likely inspire even the most gym-averse to find a reason to run.

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